

Creative Incentives/Sanctions

Presented at Zoom Treatment Court Coordinator Meeting 4.9.2020

Incentives (Goal: Keep participants engaged)

- Send a note/card from the Judge or Team
- Send gift cards, chips, certificates through the mail
- Keep track of call-ins, or other targeted behavior, and reward with a large prize when things return to more normal (pizza party)
- Incentive bingo
- Incentive scavenger hunt (take pictures of things and have participants guess what they are)
- List specific behaviors with specific incentives (e.g. Attend five virtual support group meetings, earn a \$5 gift card)

Sanctions

- Zoom Team roundtables
- Attend x support group meetings in x days
- Send notes of encouragement to EMT's, nursing homes, hospitals, etc.
- Electronic monitoring, if available
- Teach something or read something on YouTube
- Attend virtual classes (yoga, boot camp, art)
- Watch a TED talk on a specific topic and write a report

Keep in mind...

- As much as possible, rely on therapeutic responses to address behavior
- Participant goals may have changed; what was a proximal goal may now be a distal goal
- Focus on safety and harm reduction
- COVID-19 and the societal results are not the fault of your participants